



West Suburban MTA

www.wsismta.org

An Affiliate of the Illinois State
Music Teachers Association

Monthly Newsletter

March 2012

Diane Lindsay, Newsletter Editor

Ruth Daube, Mailing Coordinator

UPCOMING EVENTS

- Thurs. Feb. 16, 2012* **9:30 a.m. Teacher Performance Group** at Home of Lynette Zelis. Please contact Lynette if you are planning to attend.
- Wed. Feb. 22, 2012* **9:30 a.m. Packet Stuffing Session** at Linda Krueger's home.
- Thurs. Feb. 23, 2012* **9:30 a.m. - 12:30 pm Joint Chapter Workshop with Sally Bonkrude: How to Practice for a Secure and Problem-Free Performance; and Creating a Performance Plan that Works.** Trinity Episcopal Church, Wheaton. See registration form later in this issue!
- Thurs. March 1, 2012* **9:30 a.m. – Judging Session immediately following AiM Panel Discussion, MANDATORY** for all teachers entering students. Trinity Episcopal Church, Wheaton.
- Sun. March 4, 2012* **3:00 p.m. Student Recital** at Wheaton College, Pierce Chapel Room 104. **NEW Coordinator: Liz Mackenzie at 630-790-9823.** The directory lists Ruth Daube, who is no longer available. Fee is \$7.00. Information Deadline remains Sat. February 18, 2012.
- Sat. March 10, 2012* **AiM Performance Exams.** Wheaton College.
- Thurs. March 15, 2012* **9:30 a.m. Teacher Information Exchange (TIE) Meeting** at the Home of Rita Brown. Call Rita at 630-668-0649.
- Sun. April 15, 2012* **2:00 p.m. Student Recital** will be held in Millet Hall at TRINITY EPISCOPAL CHURCH, WHEATON. **Coordinator: Joanne King at 630-690-1759.** Fee is \$7.00. Information Deadline is Sat. March 31, 2012.
- Sun. April 15, 2012* **4:00 p.m. West Suburban Chapter AiM Honors Recital** will be held in Millet Hall at TRINITY EPISCOPAL CHURCH, WHEATON. The coordinator is Kathy Sbarboro.



DEADLINES

Sat. Feb. 18, 2012**DEADLINE for Sun. March 4th Student Recital.** NEW COORDINATOR: Liz Mackenzie at 630-790-9823.

Thurs. March. 15, 2012 ... **DEADLINE for April 2012 Newsletter.** Please send articles and information to Diane Lindsay via email dmlindsay@ameritech.net or 630-363-7513. YOU MAY ALSO TEXT INFORMATION TO 630-363-7513.

Sat. March 24, 2012 **AiM Performance Makeup Exams DEADLINE.** Report makeup scores to Linda Krueger.

Sat. March 31, 2012**DEADLINE for Sun. April 15th Student Recital.** NEW COORDINATOR: Joanne King at 630-690-1759.

SPEAKER BIOGRAPHY

There is no speaker at the March 1st due to **Judging Session and AiM Panel Discussion.**

CONGRATULATIONS

Gabriella Herrera auditioned for a Blue Lake Fine Arts Scholarship in October 2011 and was awarded with a scholarship for piano study. She is planning to attend Blue Lake Music Camp in summer 2012. Gabby is in 6th grade and a student of Carol Beilke.

The Community School of the Arts at Wheaton College held their annual Preparatory Scholarship Competition on Sunday, January 29, 2012 in Pierce Chapel. Scholarships are applied to the piano lesson tuition and are based on merit.

- **Rohil Javeri** placed 1st in the junior division (6th - 8th grades) and will receive \$250. Ravi is in 6th grade.
- **Meena Jagadeesan** placed 2nd in the junior division and will receive \$175. Meena is in 8th grade.
- **Isaac Harris** placed 2nd in the senior division (9th-11th grades) and will receive \$175. Isaac is in 9th grade,

These are students of Carol Beilke.

These students will perform in a Preparatory Honor's recital on Sunday, February 26, 2012, 3:15 p.m. in Pierce Chapel at Wheaton College. Performances will include piano, violin and clarinet. The recital is free and open to the public.

Sally Bonkrude Joint Chapter Workshop is Coming Up Soon!

Please join us for a dynamic workshop full of practical advice on improving your own and your students' performances! Sally Bonkrude has been a keynote speaker at numerous conventions, and was so popular at the ISMTA State Conference a couple of years ago that we are bringing her here by popular demand!

There will be delectable catered refreshments for the first time, all included in your registration fee, so please don't delay. You'll get the low early-bird rate of \$25 as long as your check is received by Tuesday, February 21. Please see all the details about the workshop, including Sally's biography and registration form, elsewhere in this newsletter. Hope to see all of you there!

Bonnie Brewster
630 615-0413
wheatonpiano.com

April 15 Recitals – change of location and coordinator!

Our monthly Student Recital (open to students of our Joint Chapter members) will be held at 2:00 in Millet Hall at the Trinity Episcopal Church in Wheaton. The coordinator will be Joanne King, 630-690-1759. Please review the guidelines for selecting repertoire and send Joanne your entries by March 31.

At 4:00 the West Suburban Chapter will feature our top AiM performers in our AiM Honors Recital. This performance is only open to West Suburban Chapter AiM students who have been selected by their AiM judge, will also be held at Trinity Episcopal Church, and will be coordinated by Kathy Sbarboro.
Trinity Episcopal Church
130 N. West Street
Wheaton, IL

Enter Millet Hall from parking lot in back of church.

Directory Changes

****NONE REPORTED****

New Officers for next year!

Our nominating committee is proud announce the slate of officers for the next election at the March meeting:

2nd V.P. - Kathy Christian
Secretary - Karen Lilly
Treasurer - Kathy Micheli

West Suburban Nominating Committee –
Diane Jankiewicz, Liz Mackenzie, Elinor Lee

AIM Panel Discussion: AIM Repertoire-Rita Brown, Diane Jankiewicz, and Liz Mackenzie.

This panel discussion will focus on choosing repertoire for AIM. Specific suggestions for pieces for each Level of AIM will be included. **Teachers are asked to bring their current AIM syllabus repertoire list to the March 1st meeting.** All teachers are encouraged to attend this panel discussion on repertoire even if they are not entering students in the AIM program. This will be an opportunity to share good ideas on suitable teaching repertoire for all levels.

***Joint Chapter Joint Chapter Workshop with Sally Bonkrude:
How to Practice for a Secure and Problem-Free Performance;
& Creating a Performance Plan That Works***

***Thursday, February 23, 2012 9:30 am-12:30 pm
Trinity Episcopal Church in Wheaton***

12 Steps on how to practice for secure and problem-free performances

The importance of deep, compassionate and focused practice cannot be underestimated in the process of overcoming anxiety and fear in performance. A performer who steps onto the stage with confidence intimately knows their instrument, self and the music.

How you practice = How you perform. Learn how the latest brain research guides us in knowing the practice solution to confident performing.

Creating a Performance Plan That Works

Explore how to create a strong neurological circuitry that can easily activate the relaxation response and clear thinking. We will learn how breath, movement, sound, play and inner Self Leadership interact to shore up inner confidence, presence and your ability to reach your highest potential. This will be custom designed for music educators and give you lots of new ideas to incorporate into your teaching.

Sally's biography

Sally Bonkrude has an extensive background in performance. She is an experienced speaker, singer, actress, pianist and music educator. This experience gave Sally a unique background in which to create her innovative approach to overcoming performance anxiety. Sally continued to develop her creative approach through the completion of her Master's Degree in Transpersonal Counseling Psychology, Music Therapy Certification, Advanced Gestalt Training and advanced training in Internal Family Systems. Sally is the author of the book, "Conscious Performing" and the CD "Tools for Conscious Performing."

Sally provides teachers and performers with the complete Great Performance System (GPS) through an intensive training program, plus provides individual counseling sessions to ensure success. Sally speaks nationally as an expert on moving from feeling scared, never good enough, to confident, free and fabulous. She was a featured speaker at a recent ISMTA State Conference, and is known for her enthusiastic energy and interactive delivery.

PLEASE RETURN WITH PAYMENT BY FEBRUARY 21, 2012

Yes, I will attend the workshop on Thursday, February 23, 2012.

Make checks payable to the WS ISMTA Joint Fund.

*Pre-Registration Only ~ Adults \$25.....Registration at the door ~ Adults \$30.00; Students \$5.00

Name _____ Phone _____

Address _____ Mail to: Sonja Epting
2095 Colonial Street
Aurora, IL 60503

Email _____

Your ISMTA Local Association _____

*For pre-registration, checks must be received no later than February 21, 2012

Diane M. Lindsay
242 S. Edgewood Avenue
Lombard, IL 60148

