



# Illinois State Music Teacher's Association

West Suburban Chapter

## October 2018

*Bonnie Brewster, Newsletter Editor*

*Thurs., October 4, 2018.....9:30 am* Monthly Meeting and program at Trinity Episcopal Church: 9:45 **AIM Judging session** followed by **Michelle Russell: The Spectrum in Music Therapy – Vital and Relevant** (see inside for info.)

*Thursday, October 11, 2018...***Teacher Information Exchange (TIE) Meeting** at the home of Kathy Christian. Please call Kathy if you plan to attend.

**October 26-27, 2018** - ISMTA State Conference at Northern Illinois University

*Thursday, November 1, 2018....9:30 am* Monthly Meeting and program at Trinity Episcopal Church: **Panel on Constructive and Effective Judging Techniques with Stephanie Myers, Janna Williamson, and Lynette Zelis**

*Thurs. Nov. 8, 2018.....9:30 am* **AIM Theory Packet Stuffing Meeting** at the **home** of Lynette Zelis, 203 E. Hawthorne Blvd, Wheaton. Many hands make light work, so please come and help with this important task!

*Sat., November 17, 2018* **AIM Theory Exams** at Wheaton College

*Sat., March 9, 2019* **AIM Performance Exams** at Wheaton College

## DEADLINES

*Monday, Oct. 1, 2018.....***DEADLINE** for enrolling students in AIM Theory Exam (Level 3 and up) and completion of AIM Judges Form.

*Thurs., Oct. 4, 2018.....***DEADLINE** for payment of AIM Theory Enrollment Fees (\$25.00 per student) due at judges meeting or mailed to coordinators. Make checks out to West Suburban Music Teachers Association.

Monday, October 15, 2018.....**Deadline** for November 2018 newsletter. Please send articles and information to Bonnie Brewster via email: [bonniebrewster1954@gmail.com](mailto:bonniebrewster1954@gmail.com)

## Monthly program October 4, 2018 **Michelle Russell**

### **The Spectrum in Music Therapy- Vital and Revealing**

Finding ways to provide lessons to clients with special needs is essential in today's private teaching environment. Michelle Russell, MT-BC, utilizing her career of music therapy, will describe how she incorporates her clinical experience into her pedagogy practice, and how it is different from her music therapy work.

1. Participants will be able to define the key differences between music therapy assessment and music education assessment.
2. Participants will be able to name at least 2 objectives music therapy can address.

### **Biographical Information**

Michelle first fell in love with creating a music experience since she was 6 years old, playing the piano and singing during family gatherings. From the age of 13, she has provided hands-on private learning experiences to pass on what she learned as a cadet teacher/intern under *Perla Cudal Studio* in Carol Stream. She comes from a classical piano and vocal background, but over the years had expanded her repertoire to learn many different styles. At *Axes Music Academy* in Mokena, IL, she provided pop/jazz piano and vocal instruction as applicable to rock band performances. Through the *American Guild of Music (AGM)*, she had extensive experience with competitive solo and ensemble performance (1998-2007).

Michelle received her Bachelor of Music in Music Therapy from Illinois State University (2012). She completed an internship at Sunshine Terrace Foundation of Logan, Utah, specializing in geriatric care. Under the supervision of Jennifer Birchell, MT-BC, Michelle's thesis analyzed the efficacy of Neurologic Music Therapy techniques to promote healthier gait patterns in patients who suffered neurodegenerative disorders when combined with aquatic therapy. As of September, 2015, she has officially been accredited as Music Therapist- Board Certified (MT-BC). Since then, she has served the elderly with dementia and Alzheimer's Disease, the elderly with Parkinson's Disease, preschool children with cochlear implants, and refugees. She currently subcontracts with *Victoria Storm of Oak Park Music Therapy* working in orthopaedic pediatric care to help clients achieve their treatment goals (e.g. facilitate emotional expression, promote healthy coping skills, and provide pain management).

Currently, she is certified to utilize Neurologic Music Therapy techniques as provided by the *Robert F. Unkefer Academy for Neurologic Music Therapy* of Toronto, Canada. This background allows her to develop more effective plans based on a client's cognitive, sensorimotor, communication, and psychosocial abilities. In 2016, Michelle founded her own studio, *Rolling Tones, LLC*. Her studio provides adaptive lessons using her music therapy background. It also is supported through information and resources provided in professional memberships of the *American Guild of Music*, and of the *Music Teachers National Association (MTNA)*.

## **AIM Theory Info**

### **The WSISMTA AIM Theory Exam is November 17 at Wheaton College - Levels 3-12**

**Enrollment Deadlines** - Student enrollment must be completed by midnight **October 1**. There will be no exceptions to the October 1 deadline.

**Student Enrollment Form** - All teachers must fill out a student enrollment form for each participating student. The link for the enrollment form will be sent by email in September and can be accessed through our chapter's website. When selecting time preferences please reserve the request of morning or afternoon *only for students with existing conflicts*. More specific time requests than morning or afternoon cannot be accommodated. Please double-check all student information before submitting the form. Be sure to email Kathy Sbarboro with the correction rather than re-submitting the form.

**Judge's Form** - Each teacher must sign up to judge by **October 1**. The link for the enrollment form will be sent by email in September and can be accessed through our chapter's website. All teachers must judge or work the required hours on the AIM Theory Exam Day:

1-10 students=4 hours, 11-15 students=4 1/2 hours, 16-20 students=5 hours, 21-25 students=5 1/2 hours, 26 or more students=6 hours.

**AIM Judges Meeting** - There is an AIM judges meeting on **Thursday, October 4 at 9:45 am**. Anyone entering students in AIM Theory Level 3 or above must attend the entire meeting.

**Student Enrollment Fee** - The \$25 per student enrollment fee is due by **October 4**. Please submit one check for all students entered made payable to West Suburban Music Teachers Association. The check can be given to Kathy Sbarboro or Lynette Zelis at the October 4 meeting or mailed to their homes.

**Scheduling Details** - Teachers will be given the exact times for their students' exams 2-3 weeks prior to the exam date. Once the times are set, changes cannot be made to the schedule.

**Make-up Exams** – Any student with a conflict on exam day can do a make-up exam with a participating teacher. Students who need a makeup exam will be required to pay a \$20 makeup fee directly to the teacher who judges the makeup exam. The deadline for completing the make-up exam is **December 1**.

**Any questions regarding the AIM Theory Exam may be directed to Kathy Sbarboro or Lynette Zelis**

# AIM THEORY EXAMS

Saturday, November 17, 2018

## PRIOR TO EXAM

- Help prepare the exam packets: Packet Stuffing is *Thursday, Nov. 8* at 9:30 am at Lynette Zelis's home, 203 E. Hawthorne Blvd, Wheaton. Exam times and room numbers will be sent as soon after Nov. 1 as possible. Remind families of the building change for the exams – Armerding Hall.
- iPods will be used for students to complete the Aural Skills portion of the exam. Students may bring their own earbuds if they prefer.

## EXAM DAY DETAILS

- Plan to arrive at Exam Office at least 20 minutes prior to your first exam to pick up your materials and drop off your snack.
- Use pencil and sign your name at the bottom of judge's sheets prior to administering exams.
- If you are assigned to judge in a faculty studio, you will be given a blank thank you card in your judge's packet to complete and leave in the professor's office at the end of your judging session. The purpose of the thank you note is to express our appreciation for allowing us to use their studio. If you move anything in the studio, be sure to put it back exactly where you found it.
- Remind students to take the Aural Skills and Written Theory portions of the exam.

## PROCEDURES FOR STUDENTS TAKING MAKEUP EXAMS

- All makeup exams must be completed by **Saturday, December 1**. Have students/parents contact a makeup judge from the list provided as soon after November 17<sup>th</sup> as possible.
- Teachers will be provided a sealed envelope containing the test, judges' sheet, sight reading examples, and answer key for students needing a makeup exam. Give this envelope to your student and instruct them to bring it with them (unopened) to the makeup exam.
- Students must pay a \$20 fee directly to the makeup judge facilitating the exam. If you are judging a makeup exam, please remind the parents or student of this fee and collect the fee before starting the exam.
- iPods will NOT be used with makeup exams. Makeup judges will give the entire exam.
- Makeup judges should score the test immediately after the students have completed the exam. The exam should be put in the sealed envelope and returned to the student before leaving. The student is responsible for giving the finished test back to his or her teacher. *Write down the students' name, level, teacher code and score before placing the completed exam back in the envelope and report the information to Kathy Sbarboro.*

## ♪ West Suburban Music Teachers Association News ♪

### **The College of DuPage performance faculty announces:**

**Fall Faculty Concert: 18th October, Thursday Evening, 7:30P, McAninch Arts Centre.**

**WSMTA members participating are: Alex Djordjevic: *L'Orage* of F. Liszt**

**Dr. Steve Havens, collaborating with COD faculty member, Dr. Lucille Mok: *Dolly's Suite* of G. Faure. Dr. Karol Sue Reddington, collaborating with member, Marcia Lehe: *Kaleidoscope* of J. Corigliano**

All are invited. Parking is available immediately in front of the MAC Performance Hall.

### Open Positions

The positions of **Newsletter Editor, AIM Performance Co-Chair** and **Recital Coordinator** are still available. If you are interested in helping with any of these things or if you want further information, please contact Carol Ishman (630-790-2769 or [cishman@comcast.net](mailto:cishman@comcast.net) )

### Website updates

We are in the process of using a web developer to upgrade our website. This will make it easier for students to find teachers in our local area and it will help our teachers to find students.

The names of all of our **participating** member teachers along with contact information will be available on our website. **In order for your information to appear on our website we must have your approval. To be included, fill in the information below.** Please send the information to Carol Ishman immediately.

---

Please include the following information on the West Suburban Website.

**Name** (your individual name)

**Name 2** (your studio name if applicable)

**Address, City, Contact information** such as phone number or email or both

**Your web address** (if you have your own web page and would like to link with ours)

Would you like your picture to appear on the website? YES NO



## **West Suburban Music Teachers Association**

September 6, 2018 Meeting Minutes

The meeting was called to order at 9:31 am. President Carol Ishman welcomed all in attendance.

Secretary Linda Krueger read the minutes of the May 2, 2018 meeting.

Approved: Rita Brown, second: Stephanie Myers

**TIP** - Lynette Zelis shared some common things she does when teaching, which include point out trouble areas when assigning new repertoire, practice students repertoire, work up to the tempo you are asking them to play, teach a few phrases before they leave, keep changing incentives, reward good habits, ask what they want to play.

**Treasurer's Report** – Liz Mackenzie is out of town - Bank Account total = \$6914.64

**Membership/Hospitality** – Debi Inch introduced new members: Dr. Anne Marie Kuhny and Minjin Elsner. Directories are available. Debi requested teachers take directories to anyone they might see who are not in attendance to help save the postage of mailing them out.

**AIM Theory Update** – Kathy Sbarboro reminded us that the newsletter has AIM information and instructions. Enrollment is open with the deadline of midnight October 1. October 4 is the judges meeting.

**Newsletter** - Our newsletter deadline is the 15<sup>th</sup> of each month. Please send articles and information to Bonnie Brewster. All news is electronic so please sign up for the Yahoo Group. Contact Janna Williamson if you have trouble.

**Jobs for next year** - The positions of AIM Performance Exam co-chairman and recital chairmen are open. These are important positions to fill.

**Mentoring Update** – Linda Krueger announced we have 2 new members being mentored: Kevin Xue and Faith Loewe. Anyone new to AIM in our chapter needs to contact Linda for a mentor in order to enter students.

**Website** – The new website is under construction. Members must submit their information if they want to be included in the teacher listing.

## **Important Dates to Remember:**

**September 13, 2018 – WSMTA Spring Board Meeting** – 9:30 AM at the home of Carol Ishman. Everyone is invited.

**September 27, 2018 - Joint West Suburban Associations Board Meeting** - 10:00 AM at Trinity Church. A workshop chairman needed, if interested tell Carol. We will not have a workshop without one.

**October 26-27, 2018** - ISMTA State Conference at Northern Illinois University. Bill Phemister promoted the conference. Make your reservation as soon as possible. The concert artist is Sylvia Wong. Bill announced several session topics. Next year the conference will be at Eastern Illinois University, Charleston. (Bill also announced a concert by Bill Moyers at Windsor Park this evening: \$7.)

## **Additional Announcements:**

**Directory update.** Janna Williamson called attention to page 5 in our directory, "Technology and Communication", with instructions for joining our Yahoo Group.

**Debi Inch announced** this year we are raising money for Lynette Zelis as Foundation Fellow.

**October 16, 2018** - Piano Fest at Roosevelt. Janna Williamson will send out the schedule when it is available.

**September 15** - Nancy Hueber announced PianoPalooza workshop for middle school and high school students at Wheaton College on Saturday, September 15, 1:30-4:30 pm. Students are encouraged to register online. Registration is \$10 and includes a ticket to the Artist Series concert by the 5 Browns. In person registration begins outside Armerding 145 at 2 pm.

The meeting was adjourned at 10:11. Motion to adjourn: Kathy Sbarboro. Second: Adrienne rose.

The meeting was followed by today's program, Dr. Svetlana Belsky presenting "Decoding the Bach Inventions".

Respectfully submitted,  
Linda Krueger, Secretary

CONTINUING GREAT VISION AND OPPORTUNITY  
**BERKLEY- PENDELL PIANO  
COMPETITION**

**2019**

***BRILLIANT EXPECTATIONS***

**Experience  
Guidance  
Acknowledgement  
Encouragement  
Growth  
Fun  
Inspiration  
Winners' Monetary Rewards**

**AN EDUCATIONAL AND PERSONAL REWARD FOR YOUR STUDENT  
AND FOR ALL TEACHERS ~**

**~ CATEGORIES ~**

**Elementary Track 1 (Grade 5 and below, 8 min. segment)  
Elementary Track 2 (Grade 5 and below, 10 min. segment)  
Junior Division Track 1 (Grades 6-7, 10 min. segment)  
Junior Division Track 2 (Grades 8-9, 10 min. segment)  
Senior Division (Grades 10-12, 14 min. segment)**

**COMPETITION DATE & TIME**

**Sunday, 31<sup>st</sup> March 2019, 1PM-7PM**

**Application Deadline: 4<sup>th</sup> March 2019**

**Wentz Concert Hall & Fine Arts Centre (Rms #114 & #138) & Koten Chapel  
North Central College**

**Awards Presentation Following**

**Winners' Celebratory Concert: Saturday, 6<sup>th</sup> April, 7P**

**Steinway Showroom, 1600 Shore Rd, No. B, Naperville**

**REFER TO website: [Berkley-Pendell.org](http://Berkley-Pendell.org)**

**Dr. Karol Sue Reddington (Wheaton Chapter), Director  
Marcia Lehe (Wheaton Chapter), Judges Coordinator  
Nancy Sen (Waubensee Chapter), Applications Coordinator  
Patricia Arzaga (Naperville Chapter), Winners' Concert Coordinator**

**Feel free to contact directly**

**Dr. Karol Sue Reddington [630.510.8475 or E-mail: [karolsue7@gmail.com](mailto:karolsue7@gmail.com)]**

Bonnie Brewster  
1220 N. Main St.  
Wheaton, IL 60187